



ST. DUNSTAN'S
EPISCOPAL CHURCH

THE THIRD SUNDAY IN LENT

March 8, 2026
8 am

Welcome to St Dunstan's! We are glad you are here!

St. Dunstan's acknowledges that the land on which we gather, and which we steward, is the historic territory of the Rumsen and Esselen peoples, who cared for this land throughout the generations. We give thanks for their strength and resilience in protecting this land, and aspire to uphold our responsibilities according to their example.

THE LITURGY OF THE WORD

All stand at the ringing of the bell.

The ministers process in silence.

Priest Blessed be the God of our salvation:

People Who bears our burdens and forgives our sins.

Priest Let us come to the Lord, who is full of compassion
and acknowledge our transgressions in penitence and faith.

The people sit or kneel. A moment of silence is kept.

**People God eternal, giver of light and grace,
we have sinned against you and against our neighbors,
in what we have thought, in what we have said and done,
through ignorance, through weakness, through our own deliberate fault.
We have wounded your love and marred your image in us.
We are sorry and ashamed and repent of all our sins.
For the sake of your Son Jesus Christ, who died for us,
forgive us all that is past and lead us out from darkness
to walk as children of light. Amen.**

Priest May the God of all healing and forgiveness draw us to himself, and cleanse us
from all our sins that we may behold the glory of his Son and Word made
flesh, Jesus Christ our Lord. **Amen.**

Remain sitting or kneeling.

Priest Lord, have mercy.

People Christ, have mercy.

Priest Lord, have mercy.

The Collect of the Day *The people stand or kneel.*

Priest The Lord be with you.

People And also with you.

Priest Let us pray.

Lord of the wellspring, source of life and truth: Jesus asked for water from the hands of a woman in the land of the stranger; may he teach us to name our need, to love our neighbour and to worship you in spirit and in truth, through Jesus Christ, who shows us who we are. **Amen.**

The people are seated.

Exodus 17:1–7

The people are at the point of rebellion because they are without water in the wilderness. Moses decries their readiness to challenge the Lord through their lack of trust, and he asks God what is to be done. The Lord instructs Moses to strike a rock with his staff so that water will pour from it. This place he names Massah (meaning Challenge) and Meribah (meaning Dispute).

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People Thanks be to God.

Psalm 95

A call to worship the Lord our God, with a warning not to put God to the test.

- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

Romans 5:1–11

Paul bids disciples to rejoice in the reconciliation and hope which are theirs because of the sacrifice of Christ on behalf of sinners. Through faith we have justification; we are given a right relationship with God. Now even our sufferings can lead to endurance, and this to a perseverance which strengthens our hope. Since God was willing to show such a love while we were still God's enemies because of sin, how much more we are assured that we are to be saved.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.

People **Thanks be to God.**

All stand.

John 4:5–42

The story of Jesus' meeting with the Samaritan woman by Jacob's well. The narrative is rich with themes. Jesus is willing to break with custom in order to talk with one who is both a woman and a foreigner. True worship of God is tied to no particular place. He himself offers living water which wells up to eternal life. The woman learns that Jesus is the expected Messiah, and later others from the town come to believe that he is the world's Savior. During an interval in the story, Jesus speaks with his disciples concerning his true food and drink, and tells them that the time of harvesting for eternal life is at hand.

Priest The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him,

“I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.”

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him.

Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.”

Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Priest The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All are seated.

The Sermon

The Rev. Laurel Coote

After the sermon a brief silence is kept.

The Nicene Creed *All Stand.*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.**

Through him all things were made.

**For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son;
who with the Father and the Son is worshiped and glorified,
who has spoken through the Prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People *Standing or kneeling.*

Form II

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

Leader I ask your prayers for God's people throughout the world; For our Presiding Bishop, Sean; our Bishop, Lucinda; for this gathering; and for all ministers and people.

Pray for the Church.

Silence

Leader I ask your prayers for peace; for goodwill among all nations; for our leaders, for Donald, our president and Gavin, our governor, and for the well-being of all people.

Pray for justice and peace.

Silence

Leader I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

Silence

Leader I ask your prayers for all who seek Jesus, or a deeper knowledge of Him.

Pray that they may find and be found by him.

Silence

Leader I ask your prayers for the departed.

Pray for those who have died.

Silence

Leader Praise God for those in every generation in whom Christ has been honored, and pray that we may have grace to glorify Christ in our own day.

Silence

Priest O Lord our God, creator of all things in heaven and on earth, mercifully accept our prayers, and give us strength to do your will; through Jesus Christ, our Lord. **Amen.**

The Peace *All stand.*

Priest The peace of the Lord be always with you.

People And also with you.

The people exchange the peace with one another.

Announcements *All are seated.*

THE LITURGY OF THE TABLE

Offertory Sentence

During the setting of the table a collection is taken to support the life and ministry at St. Dunstan's. The people's offerings of bread, wine and money or other gifts will be brought to the priest. The people stand while the offerings are presented. Offerings may also be made online at www.stdcv.org

Priest But do not neglect to do good and to share what you have, for such sacrifices are pleasing to God. *Hebrews 13:15-16*

The Great Thanksgiving

Eucharistic Prayer A

The people stand at the procession of the offering and remain standing.

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth; through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**People Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people stand or kneel.

Priest Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**People Christ has died.
Christ is risen.
Christ will come again.**

Priest We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

The Lord's Prayer

Priest And now, as our Savior Christ has taught us, we are bold to say,

**People Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Priest breaks the consecrated bread.

Priest Christ, our Passover is sacrificed for us.

People Therefore let us keep the feast.

The Fraction

Priest Lamb of God, you take away the sins of the world,

People Have mercy upon us.

Priest Lamb of God, you take away the sins of the world,

People Have mercy upon us.

Priest Lamb of God, you take away the sins of the world,

People Grant us peace.

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

INVITATION TO COMMUNION

All who come in faith seeking a deeper knowledge and love of Jesus Christ are welcome to receive Holy Communion. Come forward to receive the bread in your open palm.

If you choose to receive the cup, gently guide the chalice to your lips by touching the base.

At this time, we are not able to allow dipping the wafer into the chalice.

Those who prefer to receive a blessing, or who choose not to receive the cup, may indicate this by crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer. You may have communion brought to your seat by notifying an usher.

Prayers for yourself or another are available during Communion by a member of the Daughters of the King in the back of the church near the Sacristy door.



The Prayer After Communion

Priest Let us pray.

People Compassionate and loving God, through your Son Jesus Christ you have fed us, and reconciled your people to yourself. May we who have shared in the holy meal know your forgiveness in our lives, bring your reconciliation to others, and be a sign of your wholeness in this broken world. Following Christ's example of fasting and prayer, may we obey you with willing hearts and serve one another in holy love. Amen.

The Blessing

All Stand.

The Dismissal

Priest Go in peace to love and serve the Lord.

People Thanks be to God.

The people remain standing as the ministers depart in silence.

All are welcome at coffee hour.

~

*The altar flowers are given to the Glory of God
And in Memory of Cos and Dorothy Masters by Tom and Sue Masters*

Lent Madness is back!

Learn about two saints every day and vote on which should progress toward the Golden Halo! This is just for fun, but you also learn about two saints every day— a good thing for Lent. Go on line and visit lentmadness.Org every morning, read and vote! Watch the progress toward the Golden Halo on the bracket posted in Brock Hall.



LENTEN SOUP SUPPER SERIES

Join us as we explore Prayer-in shape form and practice. Through the Book of Common Prayer; Centering Prayer; Writing our own Collects; Prayer in Motion; Labyrinth Walk; Prayer via Song; Classic Prayers through the Centuries. Together we will examine what we pray, why we pray, how we pray, when and where we pray-and perhaps discover how God best meets us in prayer, and how prayer helps us to heal.

Sign up to join us this Tuesday, March 10th
5:00-7:00PM

LENTEN ADULT FAITH FORMATION Continues this week!

We are reading and reflecting upon "**The Last Supper**" by Will Willimon, retired Bishop of the United Methodist Church and a professor at Duke Divinity School.

Our books have been provided by an anonymous donor and are available in the church office or you can get yours from a group facilitator.

Gathering times

Sundays at 9:00am

In the outer office and at the school

Wednesdays (women's group) 11:00am

In the outer office

**New Time* Wednesdays at 5:30pm*

In the outer office

SAVE THE DATE
Parish Beautification Day
Saturday, March 28th
9am - 1pm



Our annual Parish Beautification Day will take place from 9 am - 1pm, Saturday, March 28th; the day before Palm Sunday. The greater the numbers the greater the joy and fellowship!

We are sure we can find a task for all volunteers.



We need help in gardening, church cleaning (including window washing), and kitchen cleaning. **Lunch will be served.** We will also be making palm crosses for Palm Sunday. Instruction will be provided. This is a wonderful activity for children and adults! We look forward to seeing you there!



March Schedule

March 10th, 5pm—Soup Supper with Children’s Activity

March 15th, 10am—Sunday School in Brock Hall

March 24th, 5pm—Soup Supper with Children’s Activity

Activity clipboards and children’s books can be found in a basket at the back of the church.

**On Saturday
April 4, 2026**
we will celebrate
The Easter Vigil
with baptisms!

If you or a family member is interested
in being baptized, reach out to Rev. Laurel
by March 29th for more information



Dedicate Altar Flowers

This is a lovely and
meaningful way to give
Glory to God in celebration of a
birthday, or in thanksgiving, or in
memory of a loved one. The cost of
the flowers is \$30, but some give
more. Checks should be made out to
St. Dunstan's with "Altar Flowers" in
the memo.



Sign up on the Welcome Table.

Help us get to know you by **Filling out a Pew Card**

If you are visiting us, are new to
St. Dunstan's, or if your contact
information has changed, please
fill out a Pew Card and drop it in
the collection plate. Thanks!

Wonder what's going on at St. Dunstan's?

Sign up today to receive

St. Dunstan's weekly eNews

Getting weekly news, links to sermons,
updates, and schedules is as simple as
visiting stdcv.org/subscribe and
entering your email address.

Holy Week Schedule



March 29, Palm Sunday

Liturgy of the Palms on the Breezeway Patio;

Worship inside with the Passion Gospel

8:00am 10:00am

March 31, Soup Supper

Final Prayer of Life Soup Supper

5:00-7:00pm

April 2, Maundy Thursday

*Agape Meal with Blessing of Bread and Wine in Brock Hall,
followed by Eucharist and the Stripping on the Altar*

6:30pm

April 3, Good Friday

Good Friday Service

12:00pm

A Walk in Jerusalem

Outdoor Stations of the Cross

4:00pm

April 4, Easter Vigil

Moving from Darkness into the Light of Easter

7:30pm

Easter Choral Eucharist

With Easter Egg Hunt and Brunch following the service

10am

St. Dunstan's Staff

Rev Laurel Coote, Rector
rector@saintdunstanschurch.org

Elizabeth Buche, Parish Administrator/
Bookkeeper
office@saintdunstanschurch.org

Dr. Fred Burgomaster, Director of Music
fburgo33@gmail.com

Lauren Proulx Leonoff, School Director
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Carol Langland, Treasurer
treasurer@saintdunstanschurch.org

Joe Heston, Verger
jwheston@aol.com

Pastoral Care & Prayer Requests

For pastoral concerns, contact Rev. Laurel at rector@saintdunstanschurch.org or on her cell 310-562-5746. Or you can leave a message on the Pastoral Care line at church 831-624-6646 ext 110.

Our Daughters of the King chapter welcomes your prayer requests. Prayer requests may be sent to stdcvdok@gmail.com. The Daughters pray for members of our parish as well as many others daily.



St. Dunstan's Vestry

Mike Cervi, Senior Warden
Susan Pitts, Jr. Warden
Sheila Hiebert
Carol Langland
Perry Rosen
Jackie Wendland
Davis White
Michelle Wildson



THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE IS OPEN TUESDAY - THURSDAY 9AM –1PM

Sunday, March 8

- 8:00am** Holy Eucharist
- 9:00am** Choir Rehearsal
- 9:00am** Lenten Study—The Last Supper
- 10:00am** Holy Eucharist (live-streamed)
- 11:30am** Coffee Hour

Monday, March 9

Office Closed

Tuesday, March 10

- 11:00am** PEO Luncheon
- 5:00pm** Lenten Soup Supper and Program
- 7:30pm** AA

Wednesday, March 11

- 10:00am** Conversation and Communion
Holy Eucharist
- 11:00am** Lenten Study—The Last Supper
- 11:00am** Prayer Shawl Ministry
- 4:30pm** Zoom Compline
- 5:30pm** Lenten Study—The Last Supper

Thursday, March 12

Friday, March 13

Saturday, March 14

- 9:00am** Choir Rehearsal

Sunday, March 15

- 8:00am** Holy Eucharist
- 9:00am** Choir Rehearsal
- 9:00am** Lenten Study—The Last Supper
- 10:00am** Holy Eucharist (live-streamed)
- 11:30am** Coffee Hour
- 11:45am** Forum— Dialogue Across
Difference and Listen For
Understanding

View the entire parish calendar stdcv.org/calendar

MARCH BIRTHDAYS

- | | | | |
|----------|---------------------|----------|------------------|
| March 1 | Dave Beach | March 19 | Jim Kasson |
| March 2 | Flo vonPlaten | March 21 | Jenny Whaley |
| March 9 | Jeff Jones | March 22 | Sally Dietrich |
| March 12 | Lisa Olsheskie | March 27 | Katherine Miller |
| March 16 | Kurt Buche | March 28 | Tracy Jones |
| March 16 | Mike
Hendrickson | March 28 | Liz Rondelle |
| | | March 30 | Art Pasquinelli |

Sermon Notes

St. Dunstan's Episcopal Church

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